

HEAT STRESS INSPECTION READINESS CHECKLIST

A quick self-assessment based on OSHA's National Emphasis Program on Heat Stress

PROGRAM & PLANNING

- Heat illness prevention plan is documented and communicated
- Someone is responsible for heat stress oversight each day
- Procedures are established for heat advisories and extreme heat events

HAZARD ASSESSMENT

- Heat conditions are monitored using the Heat Index or WBGT
- Indoor and outdoor heat hazards have been assessed
- High-risk tasks and radiant heat sources identified
- Risk assessments account for bulky or heat-retaining PPE

WATER, REST & SHADE

- Cool drinking water is readily available
- Employees are encouraged to hydrate throughout the shift
- Rest breaks are adjusted based on heat conditions
- Shade or cooling areas are available when needed

ACCLIMATIZATION

- New employees are gradually acclimated to hot conditions
- Returning employees are reacquainted after extended absences
- Temporary workers are included in acclimatization procedures

TRAINING

- Supervisors can recognize heat illness symptoms and respond appropriately
- Employees understand heat illness signs, symptoms, and reporting procedures
- Workers understand proper hydration, acclimatization, and heat-related risks

EMERGENCY RESPONSE

- First aid resources are available
- Emergency contact procedures are established
- Employees know how to summon emergency medical assistance
- Employees are trained to recognize and respond to heat stroke as a medical emergency

Notice: If you cannot confidently check every box, your heat stress program may have gaps that should be addressed before an OSHA inspection.



Need Help?
814-822-2004



www.HalenHardy.com
sales@HalenHardy.com